

TAI CHI SET REVIEW



Winter 2018

The set review sessions are open to all members interested in reviewing the balance, angle and direction of each move. Everyone is welcome. Free for all CTCA members (\$5 for non-members). We will focus on the normal form as defined by Master Moy.

Elmwood Ave Presbyterian Church

111 Elmwood Ave (Wortley Village)

Session 1 March 10 Saturday 1 PM – 4 PM

St. Luke's Anglican Church 1204 Richmond Street

Session 2 April 21 Saturday 1 PM – 4 PM Session 3 May 26 Saturday 10 AM – 1 PM

Contact us at: info@LondonTaiChi.ca or www.LondonTaiChi.ca

Follow us on Facebook www.facebook.com/canadiantaichiacademylondon/



Introduction to Tai Chi Courses

> North West St. Ansgar Church Sherwood Forest

North Central St. Luke's Church @ UWO Gates

South Central Elmwood Presbyterian Wortley Village

> <u>South West</u> St. Anne's Church Byron

<u>North East</u> Siloam United Church

Special Promotion All new members that sign-up and pay for three months get the fourth month free!

CANADIAN TAI CHI ACADEMY 226-270-8502 www.canadiantaichiacademy.org